

City of San Diego Park and Recreation Department

Rancho Bernardo Glassman Recreation Center

18448 West Bernardo Drive, San Diego, CA 92127

858-538-8129

www.sandiego.gov

"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"



HOURS OF OPERATION

Monday / Wednesday	12:00 pm – 6:45 pm
Tuesday / Thursday	12:00 pm – 7:45 pm
Friday	1:00pm - 5:45 pm
Saturday	9:00am – 1:45 pm

**Hours are subject to change without notice **

HOLIDAY CLOSURES

Labor Day

September 1



THANKSGIVING

November 27

VETERANS DAY

November 11



December 25

REGISTRATION INFORMATION

Registration for programs are taken on first come, first served basis. Payment by check, or EXACT cash payments must be made at the time of registration. Please make checks payable to RBRC. There is a \$35 service charge for all RETURNED CHECKS. No refund for classes missed. Registration & refund requests are not accepted after the second class meeting. No Pro-Rating classes if registered after the start of the session. Low-income discount available; *tax return is needed at the time of registration for discount.*

RECREATION COUNCIL

Rancho Bernardo Glassman Recreation Center is a public facility operated by the City of San Diego and the Rancho Bernardo Recreation Council. The Recreation Center was renamed and dedicated to Stuart Glassman. Mr. Glassman was a charter member of the RBRC for many years. The council meets the first Wednesday of the month at 7:00pm.

- September 3rd
- October 1st
- November 5th
- December 3rd



OUR VALUED STAFF

Cathy Lawler	Area Manager II
Helen Phillips	Center Director III
Joel Salgado	Grounds Maintenance II
Brenda Thinnes	Recreation Leader I
Alana Lopez	Recreation Leader I
Cheyenne Yari	Recreation Leader I
Peggy Tang	Recreation Leader I

RECYCLING BIN

RBRC has a community-recycling bin located next to the outdoor basketball courts. We have a new Co-Mingle container which is for all your glass, plastic and metal recyclables. Please recycle newspaper, plastic, glass, and aluminum items. PLEASE DO NOT OVERFLOW. Please Breakdown Cardboard. **All proceeds go to the RBRC programs. Thank you for your support!**

Activities

SAN DIEGO PARK AND RECREATION DEPARTMENT DANCE CLASSES

The city of San Diego Dance Department conducts this popular and fun dance program. Classes consist of Tap, Jazz and Ballet.

Ages: 4 - Adult

Session: September 27 – December 20, 2008

Days: Saturdays Tap, Jazz, & Ballet

Cost: \$35.00 / 4 months

Registration is through the instructor the first day of Dance Class. Returning students have first priority. Session runs for a period of four months. Specific questions regarding this program should be directed to the Dance Instructor on site.

*For more Dance Department info. Please call
619-525-8258*

Kids Night Out

This is a great opportunity for kids to have a fun night out! Fun! Games! Crafts! Maybe even a movie **G/PG**. Snack and drink provided.

Please register *minimum* **one week** before the event Minimum signups required. Please have check made out to RBRC. **NO CASH**. Limit to 25 children.

Day: Friday

Time: 5:00 – 9:00pm

Ages: 6 – 12 years

Cost: \$15.00 per child

Dates: 2nd FRIDAY of each month

Sept. 12, Oct. 10, Nov. 14 & Dec. 12

DODGEBALL

If you ask any kid what their favorite game is, it is Dodgeball!
The Staff at our Recreation Center give kids the opportunity to play Dodgeball in the gym one day a week!

We play One Life, Brave Heart, Spud, Poison & the classic game Dodgeball!

It is free! Anyone can come & join the fun!

Liability form must be signed by parent/guardian before child can play.

Parents are encouraged to stay and play with/against their children!

**When: Every WED Where: RB Gym
Time: 3:30-5pm Price: Free Age: 6-13**

*****All Times and Dates Subject to Change without Notice*****

Kajukenbo Karate

This program is designed to promote a higher level of Self-Confidence, improve Self-Esteem, Discipline, Concentration, and Coordination. It also improves social interactions and academic performance! ONLY Self-Defense is promoted! Come try one class for free!

~ Karate, Judo, Ju-Jitsu, Kenpo, Chinese Boxing

Days: Tuesdays and Thursdays
Time: 5:00 – 5:50 pm (7 yrs to 12 yrs)
6:00 - 6:50 pm (7 yrs and up)
Ages: 7 years – Adult
Cost: \$ 80.00 / 5 Weeks/10 classes
\$92.50/ non-resident/ 5 Weeks
NO CASH.

Fall Session I 9/9-10/9
Fall Session II 10/21-11/20
Special Holiday Session \$48
(3 weeks, 6 classes) 12/2-12/18

Instructor: Sifu Ronnie F. Isaguirre
www.Kick411.com

For more information: (858)336-9191

GOOD DOG TRAINING SCHOOL

For more information, call 858-748-7943.

<http://Gooddogtrainingschool.com>

Email: gooddogtrainingschool@gmail.com

Introductory obedience class for puppies and adult dogs. No metal choke chains or pinch collars allowed. We don't need them! Your dog learns to walk without pulling. Updated shots required. Please arrive 20 minutes before class begins. Classes are held rain or shine.

Class dates:

Thursdays January 7 – February 11, 2009

6:30-7:30 pm

Thursdays February 25 – March 25, 2009

6:30-7:30 pm

Resident \$90 Non \$105 + \$20/material



For Registration and Class Information Visit the Website!



**** September – November ****
Games played at RB Park &
neighboring Recreation Centers
\$105.00 includes jersey and awards

FUNDAMENTALS OF BASKETBALL

Improve your skills in Basketball. Class works on the rules of the game shooting, experience and most important, your child will have lots of fun. Dribbling, rebounding, passing, and ball work. This class is recommended for children planning on entering the league. No experience needed.

JR. SPORTS This program is designed to improve coordination strength, motor skills. PEE WEE SPORTS does not require experience

AFA Mighty Mites Grades 1st & 2nd Coed

Sign-up Starting: Saturday, September 15th

Registration: \$105.00

Late Registration after skills assessment

No refunds after skills assessments

Games Begin January 5th - March 2008

Monday Nights from 5pm-9pm

Mandatory Skills Assessment

On December 8th

******Volunteer Coaches are needed******

(No Team Requests)

For more info:

www.Masteryoursports.com

Upcoming Events

HALLOWEEN

Happening

Who: Lil' Ones – 6th Grade

What: Fun * Games * Food

When: October 27, 2008

Time: 4:00 – 7:00pm

Where: The Rancho Bernardo Recreation Center
18448 West Bernardo Dr. Ph# 858-538-8129

Enjoy a “Boo”tiful Evening of activities:

****Food *Hot Dogs, Nachos, Chili & More*****

Games *B-Ball Toss, Bounce Jump, Arts & Crafts*

Prizes and More

No Admission charge

****Tickets for games and food are 4 / \$1.00 ****

Kids don't forget to wear your costumes!

***Bring the whole family and have a
“Howling” Good Time!!***



5th Annual Dog Park Walk

Sunday, November 26th,
2009

8:00-11:30am

REMEMBER KEEP YOUR DOG
ON LEASH DURING YOUR CITY
PARK VISIT.

IT'S THE LAW

Municipal Code 63.0102(b)

Rancho Bernardo Dog Park

Hours: Dawn till Dusk Daily Feel Free
to check the website for any additional
updates.

**Dog Park is closed every Thursday
from 8:00am -12:00pm for
maintenance.**

Adult Basketball Open Gym Sept-Dec

Mondays: 12-1:30

Tuesdays: 12-1:30

Wednesday: 12-1:30

Thursday: 12-1:30

Fridays: 1-3

Saturdays: 9-2

Sport Numbers to Know

Master Sports	858-513-1315
	www.masteryoursports.com
AFA Youth Programs	858-587-4727
	www.AFASports.com
Camp Science Safari	858 618-3368
	www.campsciencesafari.com
R.B. Youth Soccer Assoc.	www.RBYSA.com
R.B. Pop Warner	760-736-2494
	www.RBPW.org
R.B. Little League	www.RBLL.org
R.B. Girls Softball	858-646-9635
	www.RBGirlsSoftball.org
R.B. Community Service Center	858-538-8070
Westwood Club	858-485-6300
R.B. Tennis Center	858-487-9698
Joslyn Senior Center	858-487-9324
Scripps Ranch Rec.	858-538-8085
Carmel Mtn. Ranch Rec.	858-538-8100

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HOLIDAY Extravaganza

10th Annual Holiday Extravaganza

Join us on December 13th 10:00am-1:00pm

Pancake Breakfast, Dance Performance,

Karate, Looney Dooney and Special Guest

Holiday Fun Filled Event

Look For more Info in Winter Program