

City of San Diego Park and Recreation Department
Rancho Bernardo Glassman Recreation Center

18448 West Bernardo Drive, San Diego, CA, 92127
 858-538-8129

www.sandiego.gov

“WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS”

SPRING 2009

REGISTRATION INFORMATION

Registration classes for programs are first-come first-serve basis. Payment by check or **EXACT**-change cash payments must be made at the time of registration. Please make checks payable to RBRC. There is a \$35 service charge for all **RETURNED CHECKS**. No refund for classes missed. Registration & refund requests are not accepted after the second class meeting. Low-income discount available (tax return is needed at the time of registration for discount).

AED on site in the Recreation Center.

RECREATION COUNCIL

Rancho Bernardo Glassman Recreation Center is a public facility operated by the City of San Diego Park and Recreation Department and the Rancho Bernardo Recreation Council. In 2007, the Recreation Center building was renamed and dedicated to Stuart Glassman. Mr. Glassman was a charter member of the Recreation Council for many years. The council meets the first Wednesday of the month at 7:00pm.

April 1
 May 6
 June 3



HOURS OF OPERATION

Monday, Wednesday 12:00 pm – 6:45 pm
 Tuesday, Thursday 12:00 pm – 7:45 pm
 Friday 1:00 pm – 5:45 pm
 Saturday 9:00 am – 1:45pm

Hours are subject to change without notice

HOLIDAY CLOSURES

Cesar Chavez Day

March 31, 2009



May 25, 2009



July 4, 2009

OUR VALUED STAFF

Cathy Lawler	Area Manager II
Helen Phillips	Center Director III
Joel Salgado	Ground Maintenance II
Brenda Thinnes	Recreation Leader I
Alana Lopez	Recreation Leader I
Cheyenne Yari	Recreation Leader I
Peggy Tang	Recreation Leader I

RECYCLING BIN

RBRC has a community-recycling bin located next to the outdoor basketball courts. We have a CO-Mingle bin which is for all your glass, plastic, metals and paper recyclables. **PLEASE DO NOT OVERFLOW.** Please breakdown cardboard. All proceeds go to support the Rancho Bernardo Recreation Center. Thank you for your support.

Youth Activities

SAN DIEGO PARK AND RECREATION DEPARTMENT DANCE CLASSES

The city of San Diego Dance Department conducts this popular and fun dance program. Dance for Life...Dance for Health...Dance for Joy! Classes consist of tap, jazz, ballet, and hip hop.

Days: Saturdays
Cost: \$35.00/ Per Semester
Ages: 4-Adult

Registration for spring session begins January 5, 2009. Registration is through the instructor. Returning students have first priority. Session runs for four months starting in January. Specific questions regarding this program should be directed to the Dance Instructor on site. *For more info: 619-525-8258*

GOOD DOG TRAINING SCHOOL

More information, please call 858-748-7943

Introductory obedience class for puppies & adult dogs. No metal choke chains or pinch collars allowed. We do not need them! Your dog learns to walk without pulling. Dogs must have updated shots. Please arrive twenty minutes early before class. Classes are held rain or shine.

Class dates, all Thursdays:

Session I: April 26-May 21
Session II: June 4- July 9
Session III: July 23- Aug 27

Rancho Bernardo Dog Park

Hours: Dawn till Dusk Daily
Dog Park is closed every Thursday from 8:00am -12:00pm for maintenance.



Feel Free to check the website for any additional updates.

www.RanchoBernardodogpark.com

REMEMBER; KEEP YOUR DOG ON A LEASH DURING YOUR CITY PARK VISIT. **IT IS THE LAW.**
Municipal Code 63.0102(b)

Kid's Night Out Kid's Night Out

This is a great opportunity for kids to have a fun night out! Fun! Games! Craft Projects! Maybe even a movie (G/PG). Snack and Drink Provided. Please register **one week** before the event. Please have exact change or check made out to RBRC. Limit to 25 children.

Day: 2nd Friday of the Month
Time: 5:00- 9:00 pm
Ages: 5 - 12 years old
Cost: \$ 15.00 per child
Dates: April 10th, May 8th, June 12th



www.MASTERYourSPORTS.com

Summer Basketball League

Grades 1-12 boys and girls separate divisions

Season runs June 22– August 29, 2009

Registration Fee: \$105

Games held indoors. Register online.

Jr. Sports

Participants will play soccer, basketball, tee ball, flag Football and track n' field. Our coaching philosophy is to give participants a foundation in each sport by incorporating rules into modified games that are appropriate for each age group and most importantly a lot of fun.

Official Master Sports B-ball and T-Shirt Included

Registration Fee \$95/ 8weeks

RBRC: Thur 3-5 years 3-3:50pm 4/16-6/4/09

RBRC: Fri 3-5 years 3-3:50pm 4/17-6/5/09

Soccer Skills

Students will improve their ball handling, goal scoring & passing through fun drills and games.

Official Master Sports B-ball and T-Shirt Included

Registration Fee \$95/ 8weeks

RBRC: Thur K-2 grade 4-5:00pm 4/16-6/4/09

RBRC: Thur 3-6 grade 5-6:00pm 4/16-6/4/09

Basketball Fundamentals

Former Pro *Steve Smith* will help you improve all aspects of your game while having fun at the same time. Basketball classes focus on improving the fundamentals of class participants by teaching new skills and working on them through different drills and games.

Official Master Sports B-ball and T-Shirt Included

Registration Fee \$95/ 8weeks

RBRC: Fri K-2 grade 4-5:00pm 4/17-6/5/09

RBRC: Fri 3-6 grade 5-6:00pm 4/17-6/5/09

WATCH FOR SUMMER SPORTS CAMPS!

www.masteryoursports.com

Important Information to Know

Master Sports 858-513-1315
www.masteryoursports.com

AFA Youth Programs 858-587-4727
www.AFASports.com

Camp Science Safari 858 618-3368
www.campsciencesafari.com

R.B. Recreational Soccer www.FCSanDiego.com

R.B. Pop Warner www.RBPW.org

R.B. Little League www.RBLL.org

RB Youth Basketball 858-337-3373
www.RBYBL.org

R.B. Girls Softball 858-646-9635
www.RBGirlsSoftball.org

R.B. Tennis Center 858-487-9698

Joslyn Senior Center 858-487-9324

Lake Hodges Lawn Bowl 858-679-1867
www.Joslynlakehodgeslbc.com

R.B. Dog Park 858-538-8129
www.RanchoBernardoDogPark.com

Adult Softball & Basketball Leagues

Scripps Ranch Recreation 858-538-8085

Carmel Mtn. Ranch Recreation 858-538-8100

Beginning Tennis Lessons

Learn the basics of tennis in a fun and exciting environment at RB Tennis Club.

Sign up at the Tennis center
PH# 858-487-9698

Email Scott Davis: rbtc_scott@cox.net

DODGEBALL

If you ask any kid what their favorite game is, it is Dodgeball!
The Staff at our Recreation Center give kids the opportunity to play Dodgeball
in the gym one day a week!

We play One Life, Brave Heart, Spud, Poison & the classic game Dodgeball!

It is free! Anyone can come & join the fun!

Liability form must be signed by parent/guardian before child can play.

Parents are encouraged to stay and play with/against their children!

Liability form signed by legal guardian required

When: Every TUES Where: RB Gym

Time: 3-5 Price: Free Age: 6-13

All Times and Dates Subject to Change without Notice

Kajukenbo Karate

This program is designed to promote a higher level of Self-Confidence, improve Self-Esteem, Discipline, Concentration, and Coordination. It also improves social interactions and academic performance! ONLY Self-Defense is promoted! Adults and children train together in a positive family environment. Come try one class for free!

~ Karate, Judo, Ju-Jitsu, Kenpo, Chinese Boxing ~

Days: Tuesdays and Thursdays

Time: 5:30-6:30 pm

Ages: 7 years – Adult

Cost: \$ 80.00 / 5 Weeks

\$92.50/ non-resident/ 5 Weeks

NO CASH

Instructor: Sifu Ronnie F. Isaguirre

www.Kick411.com

Session I: April 7-May 7, 2009

Session II: May 19- June 16, 2009

For more information: (858)336-9191