

City of San Diego Park and Recreation Department
Rancho Bernardo Glassman Recreation Center



18448 West Bernardo Drive, San Diego, CA 92127
 858 538-8129

www.sandiego.gov

"We Enrich Lives Through Quality Parks and Programs"

SUMMER 2009

REGISTRATION INFORMATION

Registration classes for programs are first-come first-serve basis. Payment by check or **EXACT** change cash payments must be made at the time of registration. Please make checks payable to RBRC. There is a \$35 service charge for all RETURNED CHECKS. No refund for classes missed. Registration & refund requests are not accepted after the second class meeting. Low-income discount available (tax return is needed at the time of registration for discount).

AED on site in the Recreation Center.

RECREATION COUNCIL

Rancho Bernardo Glassman Recreation Center is a public facility operated by the City of San Diego Park and Recreation Department and the Rancho Bernardo Recreation Council. In 2007, the Recreation Center building was renamed and dedicated to Stuart Glassman. Mr. Glassman was a charter member of the Recreation Council for many years. The council meets the first Wednesday of the month at 7:00pm.

June 3rd
 July 1st
 Aug. 5th
 Sept. 2nd



HOURS OF OPERATION

| | |
|------------------|-----------------|
| Monday/Wednesday | 12:00 - 6:45 pm |
| Tuesday | 12:00 - 7:45 pm |
| Friday | 1:00 - 5:45 pm |
| Saturday | 9:00 - 1:45 pm |

All times are subject to change without notice

OUR VALUED STAFF

| | |
|----------------|------------------------|
| Cathy Lawler | Area Manager II |
| Helen Phillips | Center Director III |
| Joel Salgado | Grounds Maintenance II |
| Brenda Thinnes | Recreation Leader I |
| Alana Lopez | Recreation Leader I |
| Peggy Tang | Recreation Leader I |
| Cheyenne Yari | Recreation Leader I |

RECYCLING BIN

RBRC has a community recycling bin located next to the outdoor basketball courts. We have a new Co-Mingle container which is for all your glass, paper, plastic and metal recyclables. Please recycle newspaper, plastic, glass, and aluminum items. PLEASE DO NOT OVERFLOW. Break-down all cardboard to conserve space. All proceeds go to the RBRC programs. Thank you for all your support.

HOLIDAY CLOSURES



May 25, 2008



July 4, 2008



Sept 7, 2008

Activities

FIELD AND BUILDING FEE INCREASE

Due to budget changes Youth and Adult
Field and Building fees increase as of 7/01/09

SAN DIEGO PARK AND RECREATION DEPARTMENT DANCE CLASSES

The city of San Diego Dance Department
conducts this popular and fun dance program.
Dance for Life...Dance for Health...Dance for
Joy! Classes consist of tap, jazz, ballet, and hip
hop.

Days: Saturdays

Cost: \$35.00/ Per Semester

Ages: 4-Adult

For more info: 619-525-8258

Rancho Bernardo Dog Park

Hours: Dawn till Dusk Daily
Dog Park is closed every Thursday from
8:00am -12:00pm for maintenance.



Feel Free to check the website for any additional
updates.

www.RanchoBernardodogpark.com

REMEMBER; KEEP YOUR DOG ON A LEASH
DURING YOUR CITY PARK VISIT. **IT IS THE LAW.**

Municipal Code 63.0102(b)

Good Dog TRAINING SCHOOL

More information, please call 858-748-7943

Introductory obedience class for
puppies & adult dogs. No metal choke
chains or pinch collars allowed. We do
not need them! Your dog learns to
walk without pulling. Dogs must have
updated shots. Please arrive twenty
minutes early before class. Classes are
held rain or shine.

Class dates, all Thursdays:

Session I: June 4- July 9

Session II: July 23- Aug 27

Kid's Night Out

This is a great opportunity for kids to have
a fun night out! Fun! Games! Craft
Projects! Maybe even a movie (G/PG).
Snack and Drink Provided. Please register
one week before the event. Please have
exact change or check made out to RBRC.

Day: 2nd Friday of the Month (except July)

Time: 5:00- 9:00 pm

Ages: 5 - 12 years old

Cost: \$ 15.00 per child

Dates: June 12th, August 7th, September 4th.



www.MASTERyourSPORTS.com

Summer Basketball League

Grades 1-12 boys and girls separate divisions

Season runs June 22– August 29, 2009

Registration Fee: \$105

Games held indoors. Register online.

Beginning Tennis Lessons

Learn the basics of tennis in a fun and exciting environment at RB Tennis Club.

Sign up at the Tennis center
PH# 858-487-9698

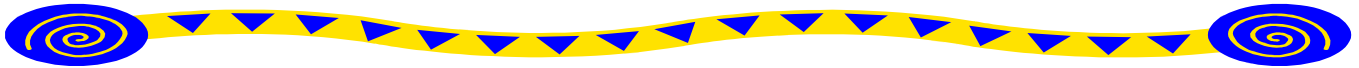
Email Scott Davis: rbtc_scott@cox.net

Sport Numbers to Know

| | |
|---------------------------------------|--|
| Master Sports | 858-513-1315 |
| | www.masteryoursports.com |
| AFA Youth Programs | 858-587-4727 |
| | www.AFASports.com |
| Camp Science Safari | 858 618-3368 |
| | www.campsciencesafari.com |
| R.B. Youth Soccer Assoc. | www.RBYSA.com |
| R.B. Pop Warner | 760-736-2494 |
| | www.RBPW.org |
| R.B. Little League | www.RBLL.org |
| R.B. Girls Softball | 858-646-9635 |
| | www.RBGirlsSoftball.org |
| R.B. Community Service Center | 858-538-8070 |
| Westwood Club | 858-485-6300 |
| R.B. Tennis Center | 858-487-9698 |
| Joslyn Senior Center | 858-487-9324 |
| Scripps Ranch Rec. | 858-538-8085 |
| Carmel Mtn. Ranch Rec. | 858-538-8100 |
| (Adult Softball & Basketball Leagues) | |

RanchoBernardoDogPark.com

Rancho Bernardo Glassman Recreation Center
18448 West Bernardo Dr SD 92127 858-538-8129



FLIPTIME GYMNASTICS



Session I: 6/4-7/16 **NO class 6/25**
(\$80 resident, \$110 Non-Resident)
Session II: 4 week 7/30 8/6/13/20
(\$54 resident, \$74 Non-Resident)
Session III: Sept: 10/17/24 Oct 1/8/15
(\$80 resident, \$110 Non-Resident)



Classes on Thursdays

FLIPTIME ® provides its students the opportunity to break through the boundaries of presumed limits by creating a world of excitement, discovery and self confidence, all within a safe nurturing environment.

Lesson plans are packed with fun filled curriculum ideas with circuit training and kid sized gymnastic apparatus to develop strength, motor skills and flexibility.

DODGEBALL

If you ask any kid what their favorite game is, it is Dodgeball!
The Staff at our Recreation Center give kids the opportunity to play Dodgeball
in the gym one day a week!

We play One Life, Brave Heart, Spud, Poison & the classic game Dodgeball!

It is free! Anyone can come & join the fun!

Liability form must be signed by parent/guardian before child can play.

Parents are encouraged to stay and play with/against their children!

Liability form signed by legal guardian required

When: Every TUES Where: RB Gym

Time: 3:30-5 Price: Free Age: 6-13

All Times and Dates Subject to Change without Notice

Kajukenbo Karate

This program is designed to promote a higher level of Self-Confidence, improve Self-Esteem, Discipline, Concentration, and Coordination. It also improves social interactions and academic performance! ONLY Self-Defense is promoted! Adults and children train together in a positive family environment. Come try one class for free!

~ **Karate, Judo, Ju-Jitsu, Kenpo, Chinese Boxing** ~

Days: Tuesdays and Thursdays/ 5 Weeks

Time: 5:30-6:30 pm

Ages: Family Class (7 years – Adult)

Cost: \$ 80.00 Resident, \$92.50 Non-resident (2x week)

\$60.00 Resident, \$72.50 Non-resident (1x week)

NO CASH; CHECKS AND MONEY ORDERS OK

Instructor: *Sifu* Ronnie F. Isaguirre, 5th Degree Black Belt

Session I: May 19- June 16, 2009

Session II: 6/23-7/30

*No class 7/7 & 7/9

Session III: 8/4-9/3

For more information: (858) 336-9191 or www.Kick411.com

Upcoming Events

HALLOWEEN Happening

Who: Lil' Ones – 6th Grade

What: Fun * Games * Food

When: October 28th, 2009

Time: 4:00 – 7:00pm

Where: The Rancho Bernardo Recreation Center
18448 West Bernardo Dr. Ph# 858-538-8129

Enjoy a “Boo”tiful Evening of activities:

****Food Hot Dogs, Nachos, Chili & More****

Games B-Ball Toss, Bounce Jump, Arts & Crafts

Prizes and More

No Admission charge

****Tickets for games and food are 4 / \$1.00 ****

Kids don't forget to wear your costumes!

Bring the whole family and have a “Howling” Good Time!!

HOLIDAY Extravaganza

11th Annual Holiday Extravaganza

Join us on December 12th 10:00am-1:00pm

Pancake Breakfast, Dance Performance,

Karate, Looney Dooney and Special Guest

Holiday Fun Filled Event

Look For more Info in Winter Program