

City of San Diego Park and Recreation Department
Rancho Bernardo Glassman Recreation Center

18448 West Bernardo Drive, San Diego, CA, 92127
 858-538-8129

www.sandiego.gov

“WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS”



REGISTRATION INFORMATION

Registration classes for programs are first-come first-serve basis. Payment by check or **EXACT**-change cash payments must be made at the time of registration. Please make checks payable to RBRC. There is a \$35 service charge for all RETURNED CHECKS. No refund for classes missed. Registration & refund requests are not accepted after the second class meeting. Low-income discount available (tax return is needed at the time of registration for discount).

AED on site in the Recreation Center.

RECREATION COUNCIL

Rancho Bernardo Glassman Recreation Center is a public facility operated by the City of San Diego Park and Recreation Department and the Rancho Bernardo Recreation Council. In 2007, the Recreation Center building was renamed and dedicated to Stuart Glassman. Mr. Glassman was a charter member of the Recreation Council for many years. The council meets the first Wednesday of the month at 7:00pm.

February 3
 March 3
 April 7
 May 5



HOURS OF OPERATION

Monday, Wed.	12:00 pm – 6:45 pm
Tues, Thurs	12:00 pm – 7:45 pm
Friday	1:00 pm – 5:45 pm
Saturday	9:00 am – 1:45pm

Hours are subject to change without notice

HOLIDAY CLOSURES



Jan 1, 2010



February 15, 2010



January 18, 2010



March 31, 2010

OUR VALUED STAFF

Cathy Lawler	Area Manager II
Teri Adams	Center Director III
Joel Salgado	Ground Maintenance II
Brenda Thinnes	Recreation Leader I
Alana Lopez	Recreation Leader I
Cheyenne Yari	Recreation Leader I
Peggy Tang	Recreation Leader I

RECYCLING BIN

RBRC has a community-recycling bin located next to the outdoor basketball courts. We have a CO-Mingle bin which is for all your glass, plastic, metals and paper recyclables. PLEASE DO NOT OVERFLOW. Please breakdown cardboard. All proceeds go to support the Rancho Bernardo Recreation Center. Thank you for your support.

Youth Activities

SAN DIEGO PARK AND RECREATION DEPARTMENT DANCE CLASSES

The city of San Diego Dance Department conducts this popular and fun dance program. Dance for Life...Dance for Health...Dance for Joy! Classes consist of tap, jazz, ballet, and hip hop.

Days: Saturdays
Cost: \$35.00/ Per Semester
Ages: 4-17 yrs.

Registration for spring session begins January 5, 2009. Registration is through the instructor. Returning students have first priority. Session runs for four months starting in January. Specific questions regarding this program should be directed to the Dance Instructor on site. *For more info: 619-525-8258*

Kid's Night Out Kid's Night Out

This is a great opportunity for kids to have a fun night out! Fun! Games! Craft Projects! Maybe even a movie (G/PG). Snack and Drink Provided. Please register one week before the event. Please have exact change or check made out to RBRC. Min 10 sign ups/Limit 25 kids

Day: 2nd Friday of the Month

Time: 5:00- 9:00 pm

Ages: 5 - 12 years old

Cost: \$ 15.00 per child

CALL 538-8129 FOR DATES



FUNDAMENTALS OF BASKETBALL
JR. SPORTS

www.masteryoursports.com

**AFA MIGHTY MITES BASKET BALL LEAGUE
SIGN UP NOW & REGISTER ON LINE:**

www.masteryoursports.com

January-March 2010

DODGEBALL

If you ask any kid what there favorite game is they will say Dodgeball!

The RB Recreation Staff gives kids the opportunity to play dodgeball! We play games such as One Life, Brave Heart, Spud, Poison, and the classic game Dodgeball!

It is free and anyone can come and join the fun!

When: Tuesdays

Where: RB Gym

Time: 3:30-5

Price: Free

Age: 6-13

****Subject to change without notice****

Beginning Tennis Lessons

Learn the basics of tennis in a fun and exciting environment at RB Tennis Club.

Kids 8-12 yrs

Times: Mondays 5-6pm or Thursdays 3-4pm

January 5-February 23 (6 week session)

Cost: \$60

Adults

Monday 10-11am or Thursdays 9-10am

January 5-February 23 (6 week session)

Cost: \$60

Sign up at the Tennis center

PH# 858-487-9698

Email Scott Davis: rbtc_scott@cox.net

Kajukenbo Karate

This program is designed to promote a higher level of Self-Confidence, improve Self-Esteem, Discipline, Concentration, and Coordination. It also improves social interactions and academic performance! ONLY Self-Defense is promoted! Come try one class for free!

~ Karate, Judo, Ju-Jitsu, Kenpo, Chinese Boxing

Days: Tuesdays and Thursdays

Time: 5:00 - 5:50 pm (7 yrs to 12 yrs)

6:00 - 6:50 pm (7 yrs and up)

Ages: 7 years - Adult

Cost: \$ 80.00 / 5 Weeks

\$92.50/ non-resident/ 5 Weeks

NO CASH.

Instructor: Sifu Ronnie F. Isaguirre

www.Kick411.com

Special 3 week Session: 12/2-12/18

Session I: 1/6-2/5

Session II: 2/12-3/19

For more information: (858)336-9191



FLIPTIME GYMNASTICS

Session 1: Jan 7, 14, 21, 28, Feb 4, 11
Session 2: Feb 25, Mar 4, 11, 11, 25, Apr 1
Six Weeks \$ 80.00

Classes on Thursdays

FLIPTIME® provides its students the opportunity to break through the boundaries of presumed limits by creating a world of excitement, discovery and self confidence, all within a safe nurturing environment. Lesson plans are packed with fun filled curriculum ideas with circuit training and kid sized gymnastic apparatus to develop strength, motor skills and flexibility.
Diaper Dare devils: Ages 10 months- 30 months
Time: 2:00-2:45
Super Tots: Ages 3yrs-5yrs
Time: 3-3:45
Shooting Stars: Ages 6yrs and up
Time: 3:50-4:35

GOOD DOG TRAINING

Introductory obedience class for puppies & adult dogs. No metal choke chains or pinch collars allowed. We do not need them! Your dog learns to walk without pulling. Dogs must have updated shots. Please arrive twenty minutes early before class. Classes are held rain or shine.

Class dates:

Thursdays: January 7-February 11, 2009
Thursdays: February 25-March 25, 2009
information, please call 858-748-7943

Rancho Bernardo Dog Park

Hours: Dawn till Dusk DAILY Dog Park is closed every Thursday from 8:00am - 12:00pm for maintenance.



Feel Free to check the website for any updates.
www.RanchoBernardodogpark.com

REMEMBER; KEEP YOUR DOG ON A LEASH DURING YOUR CITY PARK VISIT. **IT IS THE LAW.**
Municipal Code 63.0102(b)

Sport Numbers to Know

Master Sports www.masteryoursports.com	858-513-1315
AFA Youth Programs www.AFASports.com	858-587-4727
Camp Science Safari www.campsciencesafari.com	858 618-3368
R.B. Youth Soccer Assoc. www.RBYSA.com	
R.B. Pop Warner www.RBPW.org	
R.B. Little League www.RBLL.org	
RB Youth Basketball www.RBYBL.org	858-337-3373
R.B. Girls Softball www.RBGirlsSoftball.org	858-646-9635
R.B. Community Service Center	858-538-8070
R.B. Tennis Center	858-487-9698
Joslyn Senior Center	858-487-9324
Lake Hodges Lawn Bowl Joslynlakehodgeslbc.com	858-679-1867
Scripps Ranch Rec.	858-538-8085
Carmel Mtn. Ranch Rec. (Adult Softball & Basketball Leagues)	858-538-8100

RanchoBernardoDogPark.com

HOLIDAY Extravaganza

HOLIDAY PROGRAM

- 10:00** PANCAKE BREAKFAST (\$3 each)
Hosted by *Rancho Bernardo Kiwanis*
- 10:15** SD Park Dept "*Holiday Dancers*"
- 10:30** HOLIDAY MAGIC BY LOONEY DOONEY
Officer McGruff "*Official Crime Dog*"
- 11:30** SPECIAL "HOLIDAY" GUEST HO HO HO

DECEMBER 12, 2009

Bring the Whole Family for a Great Time 858-538-8129

rain or shine



Spring Fling

Date: Saturday March 27th, 2010

Time: 10:00 am – 1:00 pm

Egg Hunt starts @ 11:15 am

Egg Hunt for ages Toddler - Adult
*Egg Hunt, Games, Food & Drinks, Fun
Jumps, and much much more!*

Rain or Shine

don't miss the
big egg hunt